This novel is told in the form of letters from Olivia Hunt to her sister with cancer, Michael her ex-boyfriend, her parents and her best friend. Along the way we find out about the progress or non-progress of Olivia's feature film that she's trying to get off the ground in Hollywood.

Through Olivia's letters we track the progress of her year, and are privy to her thoughts, the varied way she communicates with people, her highs and lows and also just the plain usual things that happens day to day that find themselves into her letters. Simply yet powerfully told, this novel simultaneously funny and sad, tragic and heart warming.